

# Cleaning FOR THE RIVER



Design by Tamsyn Gill

## All purpose cleaner. by Nancy Birtwhistle



Add 150ml water, 60ml white vinegar\*, 40ml surgical spirit (rubbing alcohol), and 20 drops of essential oil (lemon, tea-tree, peppermint or eucalyptus work well) into a spray bottle. Mix well and use as normal

### Limescale and mould:

Spray with neat white vinegar\*, a squirt of washing-up liquid (add a few drops of essential oils for a fresh scent). Leave on briefly, then rinse



### Unblock a plughole. by Fill

Pour in: boiled water, 1 tbsp bicarb, 250ml white vinegar. Let it fizz, pop in the plug for 15 mins, then flush with more boiled water

### Make your toilet sparkle:



Plunge in a toilet brush to lower the water level, CAREFULLY add boiled water, then add 4 tbsp citric acid. Leave for several hours, then scrub and flush



### Descale your Kettle:

Fill it halfway with water, and 1-2 tbsp of citric acid, boil, leave for 30-60 mins, then rinse

\* AVOID USING WHITE VINEGAR ON NATURAL STONE, WOOD, OR DELICATE SURFACES. NOT SURE? CHECK FIRST!

FIND OUT MORE: [FROMEFAMILIESFORTHEFUTURE.COM](http://FROMEFAMILIESFORTHEFUTURE.COM)